

Tug – O – War Guidelines

Tug-O-War is a great group activity fostering healthy competition and developing team work. However as in any physical group activity the chance of an injury is possible. To minimize any inherent risk the Risk Management Committee of the Erie Shores Council is providing these guidelines.

ON CAMP PROPERTY:

The rope used for tug-o-war by any group in camp needs to be requisitioned through the Camp Ranger or in his absence, the Camp Director, Camp Commissioner or Program Director. We have designated ropes specifically for tug-o-war.

The ropes are stored in the warehouse and are at least a 1” diameter with only anchor knots at each end. The ropes are not to be tampered with in any manner. This means you cannot add any more knots or handholds of any type, nor can you remove the anchor knots.

The activity of tug-o-war must be held on a level surface in an area free of obstacles that could cause tripping. An adult needs to present to oversee the activity and act as a referee. This person will verify that everyone is in place and that everyone is ready to start the game. Do not allow anyone to wrap any part of the rope around themselves, including arms, legs and torso.

After the activity is over the rope must be immediately returned to the camp personnel. The rope cannot be used for any other types of activities. If a group notices any distress to the ropes, note it to the camp personnel immediately.

AS A UNIT ACTIVITY:

The rope must be at least a 1” diameter with only anchor knots at each end. The ropes are not to be tampered with in any manner. This means you cannot add any more knots or handholds of any type, likewise you cannot remove the anchor knots.

The activity of tug-o-war must be held on a level surface in an area free of obstacles that could cause tripping. An adult needs to present to oversee the activity and act as a referee. This person will verify that everyone is in place and that everyone is ready to start the game. Do not allow anyone to wrap any part of the rope around themselves, including arms, legs and torso.

The unit should designate a rope for tug-o-war and not use it for anything else. An inspection of the rope should be done every time the rope is used.